Recent Advances in Neurocritical Care

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Disclosures

- Financial disclosures
 - Site-PI for NIH-sponsored ICH grants
- Advisory Board for Legacy of Hope





Universal Determination of Death Act

1981: President's Commission for the Study of Ethical Problems in Medicine and Biomedical and Behavioral Research. Guidelines for Determination of Death.

An individual who has sustained either (1) irreversible cessation circulatory and respiratory functions, or (2) irreversible cessation of all functions of the entire brain, including the brainstem, is dead.

A determination of death must be made in accordance with <u>accepted medical</u> standards

JAMA 1981; 246: 2184-2186.

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Institutional Variability

- Many centers specify which providers perform brain death evaluations: CC, Neuro, Neurosurgery, anesthesiologists, EM, trauma surgeons, etc.
 APPs can do it in some places (Alaska, Georgia)
- Multiple clinical exams (71%), sometimes with different physicians
 Interval varies from 1-24 hours
- Temperature requirements range from 32.2 to 36.5
- Hemodynamic instability is prohibited in most centers (71%), but definition varies

determination guidelines in leading US neurologic institutions; Neu (4): 284-9.



Aden Hailu

- Stomach Pain 4/1/15
 Underwent appendectomy
- Persistent coma
- May 28th: apnea test











Major Highlights: Personnel and Prerequisites

- Recommendation 6: Attending clinicians performing BD/DNC examinations must be appropriately credentialed members of the hospital staff Trainees or APPs must be directly supervised by an attending
- supervised by an attending Clinicians performing BD/DNC examinations should have spec education... and demonstrate competency in the BD/DNC evaluation... by such means as completion of a supervised BD/DNC evaluation in a clinical environment
- Recommendation 7: Clinicians must ascertain that the patient has sustained catastrophic, permanent brain injury caused by a mechanism known to lead to

Major Highlights: Clinical Considerations

- Recommendation 9b:
 Clinicians should
 - of 24 hours should wait a minimum patients aged 24 months and older prior to initiating BD/DNC evaluation.
 - **Recommendation 10a:** In patients whose core body temperature has been ≤35.5°C, clinicians should wait a minimum of rewarmed to ≥36°C before evaluating for BD/DNC.

 Recommendation 11: ecommendation 11:
 Maintain SBP ≥ 100 and MAP ≥ 75
 If an individual has a baseline blood pressure that varies significantly from their age-based normal range, clinicians should target an SBP and MAP that approximate the known chronic baseline for that individual patient.

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Toxicology (Recommendation 12)

- Ensure a toxicology (urine and blood) screening result, if clinically indicated, is negative. •
- Ensure the alcohol blood level, if clinically indicated, is ≤80 mg/dL.
- Ensure drug levels for medications that are or may be present and that suppress CNS function, if available, are in the therapeutic or subtherapeutic range and not considered to contribute to the neurologic state.
- If levels are unavailable: Allow at least 5 half-lives ...or intoxicants to pass and longer if there is renal or hepatic dysfunction or if the patient is obese or was hypothermic.
- Account for age-dependent metabolism...in infants and young children and older patients
- If the patient has received pentobarbital, the level must be <5 µg/mL or below the lower limit of detection for that laboratory before evaluation for BD/DNC.

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		Indust Albe	111-00	
Devmedetomi-	5	Periodele	+2 years: 2.3 hours	Repatic impairment Compared to a baseline half-life of 2.5 hours in healthy adult patients, clearance in mild, moderate, and severe hepatic
dire ¹⁰			2-11 years: 1.6 hours	impairment was 3.9, 5.4, and 7.4 hours, respectively ⁴⁸
	4641	-3 hears	Consider tapering rather than abrupt cessation for patients on >24 hours of therapy to avoid hemodynamic changes.	
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		Infant s28d		
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Ketamine ^{rtitude}		Advit		
	Metabolism		Hepatic	
	Excretion		Unine (91%)	
		Infant s284	4.12 hours	Renal impairment: With continuous infusions, half-life of the parent compound can increase up to 2-fold. Half-life of the active metabolite increase significantly compared to control group. ^{act}
fidagelant ^{eres}		Pediatric	2.9-6.5 hours	
		Adult	-3 hours	aprent population man provided and rates.
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		Pediatric	Initial, 40 minutes	
repolat"		Adult	Terminal: 4-7 hours	Context sensitive half-time: Protonged infusions 1-12 days1 have been associated with a drug half-life of 1-3 days.
	Metabolism		Hepatic	Elderly. Clearance may be decreased. ⁴⁰
	Exception		Line 1976J	



J. Mad. Taxiasl. (2017) 13:271-273 DOI 10.1007h:13181-017-0606-8	CrossMark	
PORTON STATEMENT ACMT Position Statement: Dett After Drug Overdose Mark J. Norsys ¹ - Andren Stollhush ³ - David M. Greer State W. Small ³ - After foreat ⁴ - Lars M. Termolola College of Medical Fusiciong	rmining Brain Death in Adults - Lunks Sahar". - Gebahlf of the American	
 5 half-lives n 0.5⁵ = 0.0 In the cass Half-life n Delay Exter Hypo Hypo For example: In overdos 	scommendation may be insufficient in cases of drug overdation of the drug remains at 25 \rightarrow < 3% of the drug remains to da very large overdose, 3% may be clinically relevant ay be prolonged: ed gastric emptying ided-release preparations motility/hopperfusion of the gut thermia aclofen -t _{1/2} is 2-4 hours se patients coma may last up to 7d	990

Metabolic Derangements That May Confound DNC Evaluation

Laboratory Result	Value				
Ammonia	> 75 umol/L				
Blood Urea Nitrogen	>75 mg/dL				
Calcium (or ionized calcium)	< 7 mg/dL or > 11 mg/dL				
Glucose	< 70 mg/dL or > 300 mg/dL				
Magnesium	< 1.5 mg/dL or > 4 mg/dL				
Potassium	< 3 mmol/L or > 6 mmol/L				
Sodium	<130 mmol/L or > 160 mmol/L				
pH	< 7.3 or > 7.5				
Total T4	< 3 mg/dl or > 30 mg/dL				
Free T4	≤ 0.4 ng/dL or > 5 ng/dL				
https://cdn-links.lww.com/permalink/wnl/d/wnl_2023_10_03_wessels_1_sdc4.pdf					
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Apnea Testing

- "Clinicians must perform at least 1 apnea test."
 Several described methods: Apneic oxygenation PEEP valve CPAP Abort if sats < 85%
- Criteria for Demonstrating Apnea $CO_2 \ge 60$ and ≥ 20 from baseline

 - pH < 7.30
 Chronic CO₂ retention:

 Ancillary test if baseline CO₂ is unknown



Ancillary Testing

- Recommends against routine use Necessary if:
- Some portions of the exam cannot be completed
- Patient retains CO₂ at baseline and baseline is unknown
- Metabolic derangements cannot be adequately corrected
 Cardiopulmonary instability precluding apnea test
- Cannot be used in the setting of hypothermia or high levels of sedating drugs

Image Credit: Pr https://www.re	adro Fragoso Costa searchgate.net/pub	lication/3285427	40_A_Technologist	t%27s_GuideBr	ain_Imaging
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Ancillary Testing: Recommendations

Recommended

- 4-vessel catheter angiography
- Radionuclide perfusion scintigraphy
- Radionuclide angiography
- TCD (adults only)
- Not Recommended
- SSEPs/AEPs
- MRA

Primary Posterior Fossa Injury

Recommendation 40 Rationale

Patients with primary posterior fossa injury may be clinically comatose with brainstem areflexia and apnea; however, they may retain some cortical function.e31

Recommendation Statement 40

To avoid determining BD/DNC in patients with primary posterior fossa injury and retained supratentorial function, clinicians should ensure that the posterior fossa process has also study before initiating the BD/DNC evaluation (Level B).

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	The committee	will update the Uniform	Determination of Death Act. It	issues to be considered in unctions, the relevant regi	lude the medical	criteria for determining death, the and several other issues identified	
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Neurologic Outcome Following Cardiac Arrest 2 randomized trials of therapeutic hypothermia following out-of-hospital witnessed VF arrest were published in the NEJM in February 2002.



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Neuroprognostication After Cardiac Arrest

NOT Reliable:

- Age, initial rhythm, time to ROSC
- Absent corneal reflex at 72 hours
- Extensor posturing at 72 hours
 Myoclonus within 48h in the
- Myoclonus within 48h, in the absence of EEG correlate



Moderately Reliable

- Exam Findings: Absent pupillary reflexes at 72 h
- Neuroimaging:
 CT: Diffuse loss of GW
 - > 48 h from ROSC
 MRI: Diffuse diffusion restriction
 2-7d from ROSC

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- Electrodiagnostics: EEG: suppressed background or burst suppression
 > 72 h from ROSC or rewarming
 SSEP: bilaterally absent N20
 > 48h from ROSC









Minimally Invasive Clot Removal



MISTIE III:

- STIE III:

 RCT of minimally invasive neurosurgery vs. conservative management

 Enrollment within 12 hours

 Targeted towards patients with deep supratentorial ICH

 Surgical Arm: Stereotactic aspiration followed by clot lysis with rt-PA

http://my.americanheart.org/idc/groups/ahamah-public/@wcm/@sop/@scon/documents/downloada



Outcomes Associated with Hematoma Volume





ENRICH:

- Randomized, adaptive, comparative-effectiveness design
- Included patients with lobar and anterior basal ganglia hemorrhages 18-80 years, 30-80cc, GCS 5-14
- ABG arm terminated early
- Account enhinated early
 Improved outcomes (Uw-MRS at 180 days) in the surgical arm
 Mortality: 20.0% (S) vs 23.3% (MM)
 Uw-MRS: 0.458 vs 0.374;
 difference = 0.084
- Bayesian posterior probability of superiority of 0.9813
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ENRICH:

Enrolled patients with lobar or ABG ICH who could be treated within 24h • ICH volume 30-80 cc

BG arm was stopped due to futility

Demonstrated improved outcomes (UWmRS at 6 mo) in the surgical arm

Also shorter LOS

- Benefit restricted to lobar hemorrhages
- NNT 8 to prevent bad outcome

NaEngl J Med 2024;390:1745-55. DOI: 10.1056/NEJMoa2313040/

















ARTICLES VOLUME 402, ISSUE 20395, P27-40, JULY 01, 2023 達 Download Full Issue PDF (787 KB) Figures Same	
The third Intensive Care Bundle with Blood Pressure Reduction in Acute	
Cerebral Haemorrhage Trial (INTERACT3): an international, stepped	
wedge cluster randomised controlled trial	
Prof Lu Ma, MD * • Xin Hu, MD * • Lili Song, PhD * • Xiaoying Chen, PhD * • Menglu Ouyang, PhD •	
Prof Laurent Billot, MRes • et al. Show all authors • Show footnotes	
Open Access • Published: May 25, 2023 • DOI: https://doi.org/10.1016/S0140-6736(23)00806-1 •	
Intervention arm:	l
Blood Pressure: SBP 130-140 w/in 1h	
 Glucose: 110-140 (-DM) or 140-180 (+DM) 	
 Temperature: T ≤ 37.5 	
Antcoagulation: Reverse in 1h (warfarin only)	
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